



May 2022 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
ENTRÉE	2	3	4	5	6
SIDES	Mac & Cheese Peas Mango	Turkey Chili Mac (EF, DF, SoyF) Mashed Sweet Potato Banana	Turkey Tacos Vegetarian Baked Beans Applesauce	Chicken & Gravy W/Ww Bread Peas & Carrots Orange	Chicken Teriyaki Green Beans Pear
SNACK	Chex and Applesauce	Kix and Apple	Hardboiled Egg and WG Crackers	Cheddar Cheese and WG Crackers	Pretzel Goldfish and Oranges
ENTRÉE	9	10	11	12	13
SIDES	Fiesta Chicken (EF, DF, GF, SoyF) Corn Apple	Pasta w/ Turkey Meat Sauce (EF,DF,SoyF) Steamed Carrots Orange	Chicken Salad W/Ww Bread Cucumbers Banana	WG Waffles & Eggs Italian Green Beans Mango	Chicken Nuggets W/Wg Biscuit Mashed Sweet Potato Apple
SNACK	Chex and Pineapple	Cornbread and Applesauce	Cheerios and Strawberry Yogurt	Goldfish and Applesauce	Cheddar Cheese and WG Crackers
ENTRÉE	16	17	18	19	20
SIDES	Chicken Teriyaki Peas Pear	Veggie Chili w/ WG Rice (EF, DF, GF, SoyF) Corn Orange	Mac & Cheese Italian Green Beans Mango	Grilled Chicken Parm Steamed Carrots Banana	Cheesy Frittata W/Wg Biscuit Vegetarian Baked Beans Applesauce
SNACK	Bubbles and Fish and Oranges	Strawberry Yogurt and Graham Crackers	Turkey and Tortilla Roll Up	Chex and Pineapple	Hummus and Goldfish
ENTRÉE	23	24	25	26	27
SIDES	Chicken Nuggets W/Ww Pita Peas & Carrots Mango	Pasta Bake Cucumbers Apple	Zucchini Parm Green Beans Orange	Wg French Toast W/Eggs Corn Banana	Lentil Curry Mashed Sweet Potato Pear
SNACK	Chex and Applesauce	Cornbread and Orange Wedges	Goldfish and Apple	Kix and Yogurt	Yogurt and Graham Crackers
ENTRÉE	30	31	1	2	3
SIDES	MEMORIAL DAY	Turkey Chili w/ WG Rice (EF, DF, GF, SoyF) Steamed Carrots Applesauce	WG Waffles & Eggs Peas & Carrots Pear	Chicken Salad W/Ww Bread Vegetarian Baked Beans Banana	Turkey Fajitas Green Beans Orange
SNACK		Cheddar Cheese and WG Crackers	Cheddar Cheese and WG Crackers	Cornbread and Applesauce	Graham Crackers and Applesauce

TOLL FREE # 888-301-0999

***Please note that entrees are labeled based on which allergens they do NOT contain. Any unlabeled entree contains some or all of the major food allergens.

"The Smart Lunches menu is reviewed and approved by a Registered Dietician"

EF= EGG FREE
DF= DAIRY FREE
GF= GLUTEN FREE

SOYF= SOY FREE
SF= SESAME FREE